



NEWSLETTER

March 2019



We haven't had a newsletter for sometime now. I have at last transferred the addresses from my email list to Mail Chimp.

This gives you the easy opportunity to unsubscribe if you no longer wish to hear from CaraMayan as I am aware that some names may have been on the list from just one workshop and a long time ago. However, I am hoping that most of you will want to stay and will enjoy the occasional newsletter that comes your way. We have lots of news to share and will be very interested in hearing from you with any questions or responses. Please note the product recall at the end of the newsletter.

Mary Jones



**COME TO CANBERRA
A WEEK-END OF CARAMAYAN
AND PRAYER
April 12-14**

We will be learning some CM meditations and taking them out on location to pray for the nation and elections as well as having times of worship, discussion and fellowship. Accommodation is available at the venue - the Canberra House of Prayer. *Brochure from maryjones11@aol.com*

**Dance and Culture Tour
Kanyakumari, India**

May 6-10 2019



International Christian Dance Fellowship has a gathering of dancers and movers from around the world every three years - www.icdf.com. Both Mary Jones and Sharon Ereaux will be teaching some CaraMayan during the Tour. There are many other workshops, some wonderful worship and outreaches into the community. All welcome.

WELCOME TO TWO NEW TEACHERS

DR DEBBIE BRIGHT lives in Hamilton, New Zealand, and has been teaching and choreographing dance for many years. She has just been appointed as the Director of the ICDF Diploma of Dance Ministry and will be teaching and is organising the seminar day at the ICDF Dance and Culture Tour in India in May.

JESSICA GUTHRIE lives in Chicago, Illinois, USA, Combining faith with fitness has become a priority for her and she has also become qualified as an ACE-certified Personal Trainer and a Praise Moves instructor. This year she is working towards becoming a Cancer Exercise Specialist.



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FROM SHARON EREAUX - Though I haven't yet been teaching regular classes of CaraMayan, (...I'm praying that maybe term 2 or 3 this year I will start,) it's been a surprising blessing teaching at our Christian Dance Fellowship 'The New Thing' workshops in Blacktown. Not everyone who comes is comfortable dancing or even just moving in creative ways. Some are musicians or types that don't feel they are arty or creative at all. Others have done hip-hop dance. And so I've wondered what they would think of CaraMayan! Is it too girly for the guys? Or too slow for the young ones? But no. I'm pleasantly surprised, blessed and encouraged because they like it! Maybe they wouldn't all want to do a whole class of it every week, but people truly like to move and connect to the meaning of Scripture, because it feels good and more importantly - it's powerful! There's a serene blessing in the gentle movements that's good for everybody, and there's power in slowing down to ponder the truths of God in each verse. Be encouraged. The Lord can work wonders as we simply move to Scripture."

Northern Territory Dance Retreat - Australia





A group of women from Galliwinku, Elcho Island, in Arnhem Land explored how they could use Yolngu dance to express their Christian faith. They also learnt the Lord's Prayer using CaraMayan and really enjoyed it.

For the first time they used the dance which tells the story of how the nut is prepared for cooking to tell of how our hearts need to be prepared to receive God's food in the Bible.

DID YOU KNOW? We have people who have bought CaraMayan DVDs come from over 20 countries and from every continent.

WE WOULD LIKE TO SHARE YOUR STORIES - what do you like about CaraMayan? How did you find out about it? How do you use it? Please send in to caramayan@gmail.com so we can include them in future newsletters.

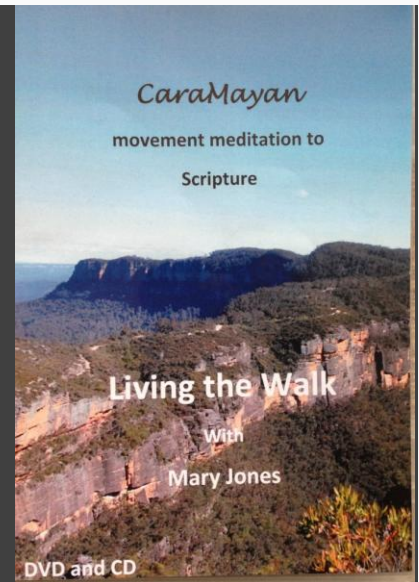
PRODUCT RECALL

The latest DVD, *Living the Walk*, has a faulty DVD. Please send the DVD disc back (not the cover or the music CD) to 11 Amaroo Cres., Mosman 2088, and you will receive a replacement.

There are now 6 titles

- THE EARTH IS THE LORD'S
- QUIET WATERS
- MOVING WITH THE PSALMS
- EXERCISE SESSION
- LIVING THE WALK

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